2022
Community Health Needs Assessment
Implementation Plan Summary

St. Luke's Magic Valley
The following implementation plan illustrates the strategies St. Luke's and its community partners will employ in fiscal year 2023 to address the most significant health needs identified in our 2022 Community Health Needs Assessment for the Magic Valley area.

Health Behaviors – Nutrition Programs, Education and Opportunities

Most Americans today do not have a healthy diet. The role of nutrition in chronic disease prevention and management is particularly crucial as diet is a modifiable risk factor for most chronic conditions.

GOALS	STRATEGIES
Decrease food insecurity. **Improve consumption of healthy foods.** **Reduce incidence of chronic disease associated with poor diet.**	**Improve availability and access to healthy foods.** • Support community health workers and cultural liaisons within local foodbanks. • SNAP and WIC promotion and outreach. • Fresh Fruit and Veggies Prescription Program. **Improve understanding, education and skills to utilize healthy foods.** • Deliver and support healthy eating as well as nutrition education and skill building. **Support sustainable systems to lessen instances and duration of food insecurity.** • Identify and implement advocacy opportunities to address food/nutrition insecurity. • Explore value-based-care payment models and benefits design for nutrition support.

Clinical Care – Availability of Mental and Behavioral Health Services

According to the National Alliance on Mental Illness, nearly a quarter of Idahoans are living with a mental illness. Substance Abuse and Mental Health Services Administration reports that all Idaho counties have shortages of mental health professionals.

GOALS	STRATEGIES
Increase availability of mental health services. **Decrease suicide rates.** **Decrease rates of serious mental illness without access to treatment.** **Reduce rates of substance use disorders.**	**Awareness, education and skill building.** • Support delivery of gatekeeper trainings. • Provide and promote mental and behavioral health education. **Population identification and intervention.** • Support the community-school model. • Support school-based mental health initiatives. **Increase access to mental and behavioral health services.** • Participate and appropriately contribute to Governor's Behavioral Health Council. • Support co-location of mental and behavioral health services within community settings. • Build suicide prevention and postvention strategies.

Social and Economic Factors – Academic Achievement From Early Learning to Post-Secondary Education

Idaho consistently ranks in the bottom quartile for education, nationally, and is 1 of only 6 states that doesn't require school districts to offer kindergarten. Access to high-quality early childhood learning promotes social-emotional development and advanced literacy, vocabulary and math skills.

GOALS	STRATEGIES
Increase kindergarten readiness. **Increase graduation rates.** **Increase number of youth enrolling in post-secondary education.**	**Increase quality early learning.** • Support quality early learning programs.
	Increase academic supports within schools. • Support and expansion of the community-school model.
	Increase academic supports outside of school settings. • Help children become kindergarten ready.

Physical Environment – Accessible Modes of Transportation

Those facing the biggest transportation challenges are often those who are economically and/or socially marginalized, including lower income families, children and older adults. Ensuring access to transportation also improves access to healthier food options, medical care and employment.

GOALS	STRATEGIES
Decrease commuting time and trips in single-occupancy vehicles. **Improve air quality.** **Increase physical activity.**	**Create and maintain safe walking/biking paths and programs.** • Completion of the Filer walking path. • School physical activity and nutrition mini grants.
	Support infrastructure for public transportation and shared ridership models. • Support entities that provide transportation solutions to the community.

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