

Pre-Surgery Checklist

- ✓ Establish Primary Contact
 - This is the person who will share information with your loved ones during your procedure.
- ✓ Gather Personal Items for Surgery Day:
 - Eyeglasses or contacts
 - Hearing aids
 - Dentures
 - List of Medications and time of last dose
 - Inhalers or other devices such as CPAP or BiPAP
 - If you will be staying overnight at the hospital:
 - Personal hygiene items
 - Robe, slippers, or pajamas
 - Comfortable clothes to wear home
- ✓ Leave the following items at home:
 - Money
 - Hairpins
 - Jewelry (including wedding rings and watches)
 - Don't wear makeup
- ✓ Identify a Driver
 - Figure out who will drive you to and from your procedure.
- ✓ Get Your Home Ready
 - You may need to re-arrange furniture or convert a first floor room into a bedroom while you heal.
 - You should also have a responsible adult with you for the first 24 hours after any surgery.

Call your surgeon's office if you have any questions or need more information.