Pre-Surgery Checklist

✓ Establish Primary Contact
  o This is the person who will share information with your loved ones during your procedure.

✓ Gather Personal Items for Surgery Day:
  ▪ Eyeglasses or contacts
  ▪ Hearing aids
  ▪ Dentures
  ▪ List of Medications and time of last dose
  ▪ Inhalers or other devices such as CPAP or BiPAP
  o If you will be staying overnight at the hospital:
    ▪ Personal hygiene items
    ▪ Robe, slippers, or pajamas
    ▪ Comfortable clothes to wear home

✓ Leave the following items at home:
  ▪ Money
  ▪ Hairpins
  ▪ Jewelry (including wedding rings and watches)
  ▪ Don’t wear makeup

✓ Identify a Driver
  o Figure out who will drive you to and from your procedure.

✓ Get Your Home Ready
  o You may need to re-arrange furniture or convert a first floor room into a bedroom while you heal.
  o You should also have a responsible adult with you for the first 24 hours after any surgery.

Call your surgeon’s office if you have any questions or need more information.