Preoperative Teaching Sheet

Surgical Services
520 S. Eagle Road
Meridian, ID 83642
(208) 706-2177

Please fill out the Medical Information Sheet.

Have available for phone assessment and bring to surgery for your pre-surgery visit
□ 1. Pre admission testing: Date: ________________ Time: ________________ (208) 706-2177
   • All patients are invited. Call to make an appointment for a 1-hour visit with Registered Nurse who will
     complete your health history, preoperative teaching and diagnostic tests like EKG and labs. Patients who
     are age 65 years or greater or have medical problems involving heart, lung, kidney, liver, or diabetes
     need an appointment.

OR
□ 2. Phone Assessment: Pre-register by calling (208) 493-0330 then call (208) 706-2177 for phone assessment
   • 20 minutes over the phone with a registered nurse to complete your health history and pre-operative
     teaching.

Do not register by mail if you have a pre-surgery clinic visit or have registered by phone.

Surgery Date ___________________________ Arrival Time ___________________________

Special Instructions

□ Nothing to Eat or Drink ___________________________
□ Do not eat food, drink or smoke after midnight the evening prior to your surgery unless your Dr. instructs you
   otherwise.

• Always carry a list of your medications and dosage with you. Discuss all your medications with your surgeon.
  Your doctor will instruct you on which medications to take the day of surgery and which medications to stop
  (especially: blood thinners, anti-inflammatory or diabetic medications). Speak with your surgeon if you have
  questions about your medications.
• Bring inhalers, nebulizer medications and CPAP machine to surgery. If your surgeon instructed you to use
  equipment like crutches, splints, etc., bring them to surgery.
• Call your surgeon if you; become pregnant, develop a cold or flu symptoms, fevers or infections.
• Leave all valuables at home including all jewelry and piercings. Wear glasses-not contacts.
• All minors must have a parent or legal guardian available. They must remain in the hospital until discharge.
  Parents of children will be invited to the recovery room when the child has initially awakened.
• Your recovery period will vary depending on your surgery; it will be approximately 1-2 hours. When medically
  appropriate we will re-unite you with your family, either in the recovery room or we will direct your family to
  your hospital room.
• You must have a driver to take you home. We recommend that you have an adult stay with you for 24 hours
  after you are released from the hospital.
• Please call your doctor if you have problems or questions after surgery.

The above guidelines should be followed unless your surgeon instructs you otherwise.