Clean-Catch Urine Specimen - Male Patient

Your doctor has ordered some tests that require a clean-catch urine specimen. Below are instructions on how to collect a clean-catch urine specimen. It is important to follow these instructions. Any changes may result in inaccurate test results. If you have ANY questions, be sure to ask your care provider for assistance.

NOTE - Read through ALL instructions before beginning.

COLLECTION/TRANSPORT PROCEDURE

Part 1 - Cleaning the Area
1. Wash your hands with soap and water; rinse; dry with a paper towel.

2. Hold penis with one hand. Retract the foreskin (if uncircumcised). Cleanse with wipe provided or soapy water. Using a circular motion, moving from the center to the outside, clean with the wipe or end of a clean swab or clean gauze pads.

Part 2 - Collecting the Specimen
1. Keeping the foreskin retracted (to minimize contamination with skin flora), start to urinate into the toilet.

2. Allow a few millimeters of urine to pass into the toilet. Continue to hold penis and retract foreskin and do not stop the flow of urine.

3. While still urinating, quickly place sterile container under urine stream. Collect the mid-stream portion of urine in container.

4. Do not void entire bladder into container. Once you have either filled the container or collected as much urine as possible before completely emptying the bladder, remove the container and continue voiding.

5. Replace the cap securely on the specimen container (touch only the outside).

6. With a paper towel, wipe off excess urine on outside surface of container.

7. Wash your hands with soap and water; rinse; dry with paper towel.

8. Label the specimen with patient name, date/time collected.

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Part 3 - Transporting the Specimen
Transport specimen to the laboratory within two (2) hours of collection. If this is not possible, refrigerate the specimen and transport as soon as possible within 24 hours.

Important Notes
Never collect urine for culture from a bedpan or urinal. Collect the first morning voided urine, if possible. Do not submit 24-hour urine collections for culture. Clean the penis with soap, not disinfectants. Disinfectants may inhibit the growth of microorganisms and cause incorrect results.