2017 Report Card

Gwen Neilsen Anderson
Rehabilitation Center

Inpatient Rehabilitation Unit
Why the Gwen Neilsen Anderson Rehabilitation Center?

The Gwen Neilsen Anderson Rehabilitation Center (GNARC) specializes in medical treatment and rehabilitation for people with injury or illness requiring further rehabilitation before returning home. In FY 2017, the Center had 251 total discharges, including 64 discharges from our Stroke Specialty Rehabilitation program. Nearly 84% of these patients were discharged back to the community (5% higher than the national average). The Center served one adolescent during this time period.

The Gwen Neilsen Anderson Rehabilitation Center takes a team approach to rehabilitation. Research shows that recovery is optimized when rehabilitation care is located close to home. Having loved ones nearby and feeling comfortable in your environment help the healing process. We believe that the best way to get better is to surround yourself with people who believe in you.

Our Patient Population

- The Center has served patients from five surrounding states and eight Idaho counties, providing excellent care close to home.
- The Center treats close to 250 inpatients a year, including stroke, brain injury and spinal cord injury patients, as well as medical and surgical patients with complications related to these injuries.
- Close to one-third of patients at the Center participate in our Stroke Specialty Rehabilitation program. We also support the stroke community by hosting a monthly stroke support and education group.
- As part of a larger medical center and health system, the Gwen Neilsen Anderson Rehabilitation Center provides smooth transitions along the continuum of care.

2017 Patient Population

Served by Admitting Diagnosis

- Stroke: 64
- Neurological: 15
- Orthopedic: 85
- Spinal Cord Injury: 18
- General Rehab/Medical: 50
- Brain Injury: 19

Brain Injury: 19

- Stroke: 64
- Neurological: 15
- Orthopedic: 85
- Spinal Cord Injury: 18
- General Rehab/Medical: 50

The Gwen Neilsen Anderson Rehabilitation Center is a licensed, 14-bed comprehensive acute inpatient rehabilitation unit. The Center is fully accredited by the Commission on the Accreditation of Rehabilitation Facilities and provides state-of-the-art, evidenced-based rehabilitation care. It has been largely funded by the Craig H. Neilsen Foundation, a private spinal cord injury foundation, and is named in honor of Craig Neilsen’s mother, a longtime Twin Falls resident.
**Functional Independence**

The Gwen Neilsen Anderson Rehabilitation Center at St. Luke’s Magic Valley has proven results in helping patients achieve more functional independence and return to their communities.

- Total FIM Motor Efficiency is a measure of the amount of functional gain in movement the patient demonstrated during his or her rehabilitation stay compared to the time spent in rehabilitation. These measures are completed just after admission to the Center and again at discharge. Tasks measured include ability to walk, transfer, bathe, dress and groom.

- Discharge to Community is the percentage of patients who return to a community setting, including their home, a family member’s home or an assisted living residence.

**How We Measure Up**

- Patients at the Center are more likely to experience better functional gains and return to their community compared to patients at other facilities.

- Overall, the Center demonstrated efficient in improving motor function up to 1% higher than the national average.

- The percentage of patients returning to the community at discharge was 5% higher than the national average.

- While stroke patients at the Center finished their rehabilitation stay at a higher functional level than the national average, it took 1.5 days longer, on average, to complete their rehabilitation.

**Discharge to Community**

Note: All data in this report is from FY2017, October 2016-September 2017.
Hospital Acquired Conditions

Hospital Acquired Conditions are medical conditions or complications that a patient develops during a hospital stay. We are committed to reducing these complications during care so that patients can focus on their rehabilitation. Keeping patients safe is always a high priority.

### Hospital-Acquired Pressure Ulcers

<table>
<thead>
<tr>
<th>Period</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Oct-Dec 2015</td>
<td>0%</td>
</tr>
<tr>
<td>Jan-March 2016</td>
<td>0%</td>
</tr>
<tr>
<td>April-June 2016</td>
<td>0%</td>
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<tr>
<td>July-Sept 2016</td>
<td>0%</td>
</tr>
<tr>
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**GNARC** National Average

### Catheter-Acquired Urinary Tract Infections

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### Preventing Complications and Continuous Improvement

The Center continues to re-assess and educate staff regarding best evidence-based care and standardized processes.

- The Center has boasted **Zero Hospital-Acquired Pressure Ulcers** over the past 40 months.
- The Center had two patients over the past 24 months with a Catheter-Acquired Urinary Tract Infection and one patient with a Central Line-Associated Bloodstream Infection. While **less than 1% of our patients have experienced these infections**, we have implemented new processes in our journey to zero infections.
- The Center’s patients are able to return home and stay home. Our 30-day readmission statistics show patients are readmitted to the acute care hospital far less frequently than the national average.
- After three falls with injury during the final quarter of FY2017, the Center implemented a **new fall prevention program** to ensure our patients stay safe during their hospital stay. The program ensures that patients receive proper supervision as they progress through their rehabilitation.
Central Line-Associated Bloodstream Infections

30-Day Readmissions

Falls with Injury
Per 1,000 Patient Days
Patient Satisfaction

The Center uses a national database to acquire feedback from our patients on their satisfaction with our services. The Center received ratings of greater than 90% satisfaction on average on several key indicators:

<table>
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<th>Service</th>
<th>Rating</th>
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<tbody>
<tr>
<td>Overall care at the hospital</td>
<td>94%</td>
</tr>
<tr>
<td>Likelihood of recommending the facility</td>
<td>97.1%</td>
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<tr>
<td>Staff prepared patient to function at home</td>
<td>91.8%</td>
</tr>
<tr>
<td>Degree of safety and security felt</td>
<td>96.6%</td>
</tr>
<tr>
<td>Pain controlled</td>
<td>95.7%</td>
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Patient Comments

“Sensitivity was a watch word for the nursing staff. They were caring and kind. Plus, they took time to become my friends who helped me heal.”

“The quality of nurses in this department was beyond all expectations. I have never had such caring people, and this includes the CNAs and other assistance personnel.”

“Prompt, caring, respectful—who could ask for more!”

“There may be facilities just as good, but there are no places better!”

“Both OT and PT team members were highly professional and highly trained and always worked together for the benefit of the patient with whom they were working. Everyone seemed dedicated and all exhibited a sense of humor. NONE BETTER.”

Contact Us

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stlukesonline.org/gnarc