St. Luke’s **Weight Loss Challenge – 2022,23**
TREASURE VALLEY, McCALL, FRUITLAND & BAKER CITY WEIGH-IN SITES

Weigh-In Dates:
**Initial:** October 24-28, 2022
**Final:** April 24-28, 2023

*Appointments are scheduled via Acuity, unless otherwise listed, and are available during the posted time frames every 10 minutes. Each participant will be asked to follow the protocols listed below to be eligible for a weigh-in.*

- **PLEASE ARRIVE AT YOUR DESIGNATED APPOINTMENT TIME** – early or late shows will increase the number of people in our waiting area. Walk-ins will NOT be allowed, and we ask that you do not arrive in groups to ensure for timely and orderly completion of each weigh-in
- **PLEASE ADHERE TO ANY POSTED SIGNAGE REGARDING MASKING AT EACH LOCATION** – to enter any St. Luke’s clinical facility, we are asking that you mask. You will be required to mask during your entire weigh-in, unless otherwise indicated
- **To minimize the number of people at weigh-ins,** guests and children will be asked to wait outside the facility. Please make the appropriate arrangements
- **Participants should NOT attend a weigh-in if they are feeling ill** or are experiencing any symptoms. If participants are feeling ill, they need to contact weightlosschallenge@slhs.org to reschedule
- **Please wear comfortable/light clothing** Jeans/heavy clothing are discouraged. It will be marked on your weigh-in form, and you will be expected to wear similar clothing during your final weigh-in
- **If a participant refuses to follow the protocols,** they forfeit their weigh-in – **NO EXCEPTIONS**
- **Please email us if any conflicts with a weigh-in arise** weightlosschallenge@slhs.org; we can arrange an early weigh-in if necessary due to vacations, etc. –We can only accommodate late weigh-ins due to verified illness and if timely communicated with our team
- **If you have any questions or concerns,** please email us weightlosschallenge@slhs.org

Additional information about St. Luke’s visitor policies and COVID precautions can be found at the following link: [Visitor Policy, Procedures and Requirements - St. Luke’s (stlukesonline.org)]

Weigh-in Sites and Timeframes available on the next page.
Treasure Valley Locations

- St. Luke’s Central Plaza #1 – 400 S. Broadway, First Floor, Boise
  - Enter the main doors, check in with Security, turn left, go through double glass doors, 2nd door on the left. Signage posted
    - Monday, October 24: 3-6pm
    - Tuesday, October 25: 11am-1pm and 3pm-5pm
    - Wednesday, October 26: 11-1pm
    - Thursday, October 27: 8am-1pm
    - Friday, October 28: 8am-1pm
    - CLICK HERE to schedule your appointment

- St. Luke’s Meridian – 520 S. Eagle Road, Occupational Health, Suite 2209, Meridian
  - Monday, October 24: 12-6pm
  - Tuesday, October 25: 8am-2pm
  - Wednesday, October 26: 12-6pm
  - Thursday, October 27: 8am-2pm
  - Friday, October 28: 8am-2pm
  - CLICK HERE to schedule your appointment

  - Wednesday, October 26: 8am-12pm
  - Thursday, October 27: 12pm-4pm
  - CLICK HERE to schedule your appointment

- St. Luke’s Eagle- 3101 E. State St., Eagle
  - Email Pamela Elwell to schedule an appointment, elwellp@slhs.org

- St. Luke’s Clinic Elmore – 840 N. 4th East, Mountain Home
  - Email or call Christine Hastings at hastingc@slhs.org or 208-587-6290

- St. Luke’s Clinic Fruitland – 1210 NW 16th Street, Fruitland
  - Mon-Fri 10am – 7pm (this is the only location that is drop-in; no appointment needed)

- Forest Street Center - 100 Forest St., McCall
  - Email or call Nancy Romero, nromero@slhs.org or 208-630-2416
  - Mon-Thrs., 7:30am--4pm by appointment only

- St. Luke’s Clinic EOMA – 3950 17th St Suite A, Baker City, OR
  - Email or call Lauren Zink for appointment, zinkl@slhs.org or 541-523-8025
  - Mon-Fri, 8am–5pm by appointment only