

2023 Community Health Needs Assessment

Implementation Plan Summary

St. Luke's Nampa

The following implementation plan illustrates the strategies St. Luke's and its community partners will employ in fiscal years 2024-2026 to address the most important health needs identified in our 2023 Community Health Needs Assessment for Nampa.

Safe, Affordable Housing and Homelessness

Housing instability can impact an individual's health and ability to access or afford health care. It also impacts educational attainment for children and youth. Low vacancy rates can lead to housing shortages and rising housing costs. Dwindling housing supply also can drive up home prices, especially in areas experiencing as much growth as the West Treasure Valley.

STRATEGIES

Support households that are cost burdened (spend more than 30% of income on housing costs).

- In partnership with the Western Idaho Community Health Collaborative, mobilize leaders to join a regional housing collaborative to address affordable housing.
- Continue to serve on the Region 3 Housing Coalition to advocate for those experiencing housing insecurity.

Support families and individuals experiencing homelessness.

- Contribute financial and resource support to local family shelters and other emergency shelters.

Increase affordable housing options.

- Fund housing projects in alignment with partners to maximize investment and impact.
- Continue exploring the feasibility of supporting affordable housing projects in Nampa.
- Participate in and support the Support Housing Forum with the goal of expanding workforce and affordable housing.

Support services that assist people in remaining successfully housed.

- Continue to serve on the Region 3 Housing Coalition to advocate for St. Luke's patients and others who experience housing insecurity.



Behavioral Health, Including Mental Health and Well-Being, and Substance Misuse

Access to affordable mental health care and substance misuse treatment is a struggle for many residents within our service area, including youth. In addition, the service area has a noted mental health provider shortage. Community members identified behavioral health as a top priority—and mental health and substance misuse as topics of serious concern.

STRATEGIES

Support awareness, education and skill building.

- Support availability of mental and behavioral health educational resources.

Increase access to mental and behavioral health services.

- Participate in student and family assistance programs.
- Support school-based mental health counselors.

Identify, intervene and measure outcomes in populations.

- Support the Communities for Youth model.
- Support the Narcan Leave-Behind Program.
- Participate in the Canyon County Drug Free Coalition.
- Participate in Healthy Impact Nampa.
- Participate in the Canyon County Pre-Prosecution Diversion Program.
- Participate in the Caldwell Health Coalition.

Access to Affordable Health Care, Including Oral and Vision Health

Community members reported several difficulties accessing health care: long waitlists, trouble scheduling urgent appointments, and particularly in rural areas, difficulty obtaining and getting to specialty care. These hurdles are even more challenging for people relying on Medicaid or Medicare. Difficulty accessing health care can lead people to neglect their health—especially preventative health—resulting in more negative outcomes and higher medical costs in the future.

STRATEGIES

Address transportation barriers to care.

- Financially contribute to the Rides2Wellness program.

Support mobile, telehealth and on-site health services.

- Utilize St. Luke's mobile mammography.
- Utilize St. Luke's mobile pediatric care and support other St. Luke's school-based services.
- Map, align and leverage mobile health and telehealth strategies in collaboration with community partners.

Support community health worker (CHW) models, resource navigation services and engagement with vulnerable populations.

- Support and expand the community school model.
- Collaborate with FindhelpIdaho.org on a community-facing and an internal patient community resource directory.
- Partner with Genesis Community Health Clinic.