

The Heart of Health Care

Advancing Health Care Experiences

Women's Imaging Center construction begins

The St. Luke's Wood River Foundation is pleased to announce that construction of the Women's Imaging Center is underway. Construction by local contractors Sawtooth Construction and Evans Plumbing began in late March. The center will open in August.

The community is invited to celebrate the center's opening during a ribbon cutting ceremony 4-6 p.m. on July 31. The ceremony will be held at the new center,



Dr. Thomas Broderick tours the Women's Imaging Center. Construction began in March and is scheduled to be completed August 3.

located in the Physician Office Building adjacent to the hospital. The center will officially open for patients on August 3.

"Thanks to community generosity, we are fulfilling a vision to provide high quality women's imaging services in a healing environment," says Dr. P. Scott McLean Jr., internist and Foundation president. "Digital mammography will significantly expand the hospital's services and profoundly impact women in our community."

The Foundation has raised just over \$1.2 million—more than half of the \$2.1 million necessary to build, equip, and operate the fully digital Women's Imaging Center. In support of this project, St. Luke's Volunteer Core recently made a \$100,000 pledge to the center, which includes proceeds from their 2008 Winter Ball.

"The commitment of our leadership donors has given us confidence that the project will be fully funded with philanthropic dollars by the end of this year," says Dr. McLean.

The center will centralize women's health services in a comfortable and private setting, focus on community outreach, and expand access to affordable mammograms.

To help expand access to affordable mammograms, St. Luke's Wood River received a \$25,000 grant from the Boise Affiliate of the Susan G. Komen Race for the Cure. The grant will help provide scholarships for uninsured and underinsured women, who are in need of screening and diagnostic mammograms or breast ultrasound.

Enhancing Health, Wellness and Healing

Acupuncture Arrives at St. Luke's Wood River

This spring, St. Luke's Wood River introduced acupuncture into the scope of services offered to hospital patients, a significant milestone for the hospital's new Integrative Therapies program.

Funded by St. Luke's Wood River Foundation, Integrative Therapies offers a multi-disciplinary approach to healing, melding traditional western medicine with complementary healing techniques. The launch of acupuncture is the first step to integrating these techniques into the hospital setting.

"It is truly exciting to see St. Luke's offer acupuncture to its hospital patients," says Dr. Tom Archie, board certified family physician, medical acupuncturist, and Medical Director of the Integrative Therapies program. "Integrating multi-disciplinary healing techniques into the hospital complements our efforts to enhance healing and promote wellness."

Acupuncture, a traditional Chinese medicine practice, encourages the body to promote natural healing and improve positive functioning by inserting small needles and applying heat or electrical stimulation at very precise acupuncture points.

Dr. Archie recently oversaw a day of acupuncture treatments, given as a practice session by three local certified acupuncturists, to introduce staff to the benefits of acupuncture and teach hospital protocol to the acupuncturists. Sandi Hagel, Joan Scheingraber, and Jon Paul Morse, along with Dr. Archie, are now practicing acupuncture on an on-call basis for St. Luke's Wood River inpatients.



Acupuncturist Sandi Hagel practices acupuncture during an Acupuncture Preceptor Day at the hospital.



100th Baby Born in Expanded Mother/Baby Unit

The Mother/Baby Unit recently welcomed its 100th baby born in the newly remodeled facility. The beautiful remodel, decorated by photographs donated by local photographer Dev Khalsa, includes two bright new birthing suites, a remodeled special care nursery, and a new nurse station. The remodeled unit opened in December 2008, and was jointly funded by St. Luke's Wood River Foundation, St. Luke's Volunteer Core, and an appropriation from the hospital's operating budget.

Scholarships Given to High School Students

The Lori Martin Memorial Scholarship was established in 2008 by the family of Lori Martin in collaboration with St. Luke's Wood River Foundation. The scholarship was established to support students wishing to enter the nursing field. This spring, the scholarship helped Wood River High School students Gabriela Oropeza, who works for St. Luke's Wood River Nutrition Services, and Misha McGonigal take a Certified Nursing Assistant class. Both students are enrolled in the Medical Academy, a two-year program for students interested in health care.



Gabriela Oropeza, right received a scholarship to take a Certified Nursing Assistant class.

Foundation Supports Hospice

Hospice and Palliative Care of the Wood River Valley is the only provider of hospice services to patients at St. Luke's Wood River. At their March meeting, the Foundation board granted funds for continued support of hospice services. St. Luke's and Hospice will continue to work closely to assure that terminally ill patients and their families have access to resources and the emotional support they need at the end of life. Hospice provides these services free of charge as part of its commitment to serving anyone in need.

Health and Well-being Speaker Series

New York Times Bestselling Author Offers Nutrition Advice

Inspiring more than 200 people to lead a healthy lifestyle through nutrition, **Dr. Steven Pratt** gave a stellar presentation to our community in May during the Sun Valley Wellness Festival. Sponsored by St. Luke's Wood River Foundation, Dr. Pratt, author of the *New York Times* bestseller, *SuperFoods RX*, and senior staff ophthalmologist at Scripps Memorial Hospital, discussed achieving optimal health through good nutrition.



Dr. Steven Pratt, left, visits with Foundation president Dr. P. Scott McLean Jr., before Dr. Pratt's lecture, 21st Century Super Health.

Innovator Discusses Hospital's New Sustainable Food Program

As part of the Health and Well-being Speaker Series, St. Luke's Wood River Foundation welcomed **John Turenne**, founder and President of Sustainable Food Systems, as a guest chef during the 2009 Sun Valley Food and Wine Festival. Turenne is helping



John Turenne talked about St. Luke's sustainable foods program and grilled up a delicious healthy meal at the Sun Valley Food and Wine Festival.

St. Luke's Wood River develop a sustainable dining program for patients, visitors, and staff that focuses on local, fresh, healthy foods. During the festival, Turenne presented "Grilling Pizzas – A Unique and Delicious Way to Eat Healthy," and discussed the hospital's work to implement its sustainable foods program.

Doctors Honored

St. Luke's Wood River physicians and other medical care providers work endlessly to give our community the best possible treatment and care. To recognize these incredible caregivers, St. Luke's Wood River Foundation invited the community to celebrate National Doctors' Day on March 30. In honor of Doctors' Day, patients acknowledged their caregivers by making gifts in their honor. Kind words were also offered, such as:

"Thank you for saving my life."

"You are the most caring doctor in the Wood River Valley."

"Thank you for your compassion for all these years."

"Your caring manner shines through in everything you do."

Gray Memorial Award

Suzanne Miller, Medical/Surgical registered nurse and Education Program coordinator in the Clinical Education department, was named the recipient of the 2009 Carl A. Gray Memorial Award for Nursing Excellence Exemplified. Miller was recognized for her drive in improving nursing practices with fresh ideas and new learning innovations. Each year the hospital staff nominates a nurse who exemplifies excellence in his or her nursing practice. The nursing staff then votes on the colleague they believe is most deserving of the recognition.



From left to right: Chief Nursing Officer Sharon Kensinger, Foundation Executive Director Hilary Furlong, and CEO Bruce Jensen congratulate Suzanne Miller, RN on receiving the 2009 Carl A. Gray Memorial Award.



Patient Tonia Bruess shows her gratitude towards Dr. Nicole Menegakis by honoring her with a certificate of kind words for Doctors' Day.

The following caregivers were recognized by their patients:

Dr. Herb Alexander	Dr. Nancy Mann
Dr. Thomas Archie	Dr. Royal McClure
Dr. Carl Barbee	Dr. A. Pat McLaughlin
Dr. Jon Bjornerud	Dr. P. Scott McLean Jr.
Dr. B. J. Blair	Dr. Michael Mercy
Dr. Kenneth Brait	Dr. Nicole Menegakis
Dr. Tom Broderick	Dr. Leigh Morse
Dr. Tony Buoncristiani	Dr. Richard Paris
Dr. Tracey Busby	Dr. Del Pletcher
Dr. Ralph Campanale	Dr. Steven Riter
Dr. Michael Citrone	Dr. Joseph Rodriguez
Dr. Martin Durtschi	Dr. Janet Rosenquist
Dr. Dan Fairman	Dr. Tom Sanderson
Dr. Frank Fiaschetti	Dr. Keith Sivertson
Dr. Andrew Forbes	Dr. David Verst
Dr. Robert Hall	Dr. Kimberly Vorse
Emily Karassik, PA-C	Dr. Stephen Wasilewski
Dr. Donald Levin	Dr. Kathryn Woods

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