

February 2009

This Issue:

Physician Honored for Extraordinary Care..... 1



REAL Program Offers Hands-On Training..... 6

Wood River Hosts Gala Affair..... 7



OR Exhibit Draws a Crowd 7

We Want to Hear From You!

This is *your* publication – let us know what interests you. If you have a story idea or an Ask the Expert question for *St. Luke's Insider*, please contact Holly Miller, Internal Communications coordinator, St. Luke's Health System, at editor@slrhc.org or 381-2092.

www.stlukesonline.org

Spirit of Generosity

A Double Angel

"Dr. Bolender saved my life," states cancer survivor Tom Houston, with sincere gratitude. "I have a wonderful life and she has given me a new lease on it."

When it seemed as if "people were going to give up on him," **Dr. Sarah Bolender**, a St. Luke's Mountain States Tumor Institute radiation oncology physician, did everything she could to help Tom overcome his disease.

Recently, Dr. Bolender has been honored with two *St. Luke's Everyday Angel* awards, one given from Tom Houston and the other by another cancer survivor, Donald Miller. *Everyday Angels* is a program from St. Luke's Health Foundation (Boise/Meridian) that honors St. Luke's caregivers. Being honored with two *Everyday Angel* awards exemplifies Dr. Bolender's remarkable "spirit of generosity."

By going above and beyond to help her patients on a daily basis, Dr. Bolender's caring and generous spirit shines. "I am honored to be nominated twice as an *Everyday Angel* because this is what we do every day," says a humble Dr. Bolender. "This award is not just about me being a doctor, but about being part of a team and working together to help a patient overcome illness."

Miller, a retired farmer from New Plymouth, Idaho, nominated Dr. Bolender as an *Everyday Angel* because he appreciated her kindness and knowledge. "When I had cancer, Dr. Bolender doctored me. She was very good to me and she really knew what she was doing. I nominated her because she was kind and helped conquer my pain."

You Could Be the Winner of a \$25 St. Luke's Store Certificate!

A St. Luke's employee number drawn at random is hidden in every issue of *St. Luke's Insider*. If you spot the employee number (for example #62273) and it matches yours, email editor@slrhc.org to claim your prize!

(The employee number in last month's issue, January 2009, is located in the blue space at the top of page 5.)

Dr. Bolender has also been touched by both Houston and Miller. "They are amazing, extraordinary people. They are remarkable and dynamic; I am thrilled our team was able to work with them."

Anyone can honor a caregiver as a *St. Luke's Everyday Angel*. From a physician to a volunteer, *Everyday Angels* are honored caregivers who have demonstrated extraordinary support, compassion, and care for individual patients.



From her "Zen corner," **Dr. Sarah Bolender** proudly displays the two *Everyday Angels* certificates she recently received.