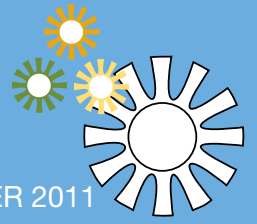


St. Luke's  
**YAK!**  
Youth Adult Konnections



SPRING/SUMMER 2011



# Upcoming Events

St. Luke's YAK! is a healthy youth development initiative based on the Developmental Assets philosophy, providing programs and services for young people that help them to be safe, healthy, and active participants in our community.

## For more YAK! information:

Visit: [www.stlukesonline.org/YAK](http://www.stlukesonline.org/YAK)

Call: (208) 727-8735

Fax: (208) 727-8730

1450 Aviation Drive, Suite 200  
Hailey, ID 83333

## Jay Owenhouse Magic Show

The phenomenal touring Owenhouse show breaks new ground with a brand new, elaborate show called "Magic on the Edge". Watch this mind boggling, spell-binding experience where Jay makes audience members float in mid-air, get sawed in half, and disappear! Jay is joined by his two Bengal tigers, Shekinah and Sheena. Proceeds from the show benefit YAK! Tickets are on sale now, and may be purchased in advance at a discount by calling 1-800-779-8600.

**Saturday, May 21, 2:00 PM**  
**Wood River High School, Gymnasium**

## Relay for Life

Relay for Life is a national event that has raised over \$4 billion for cancer research. This year, St. Luke's YAK! is the lead for Youth Involvement in our valley. Join us for an amazing night of activities, food, and helping to cure cancer. All young people are welcome to participate. Also, youth groups can form teams and help the American Cancer Society. Contact Dan for more details on how to get involved.

**Friday and Saturday, July 22 & 23**  
**Wood River High School**

## Coming in Fall 2011: YAK! Afterschool Programs

Healthy afterschool activities are critical for building Developmental Assets and encouraging youth to make positive choices, especially as they enter their teenage years. YAK! partners with Wood River Middle School, Blaine County Recreation District, the Wood River YMCA, and other community organizations to create free afterschool programs for middle school students, based on their needs and interests.

This year, BCTAC II has worked with over 75 students and offered several new programs. We are excited about the opportunities that we can provide for youth, and the support of the community has been a big part of our success! We are currently looking for adult volunteers, activity leaders, and sponsors to help with our afterschool programs. To get involved, please contact us.



Skiing the trails at Galena Lodge is a great activity for BCTAC II.



Jason Vontver teaches BCTAC II students about performing and recording rhythm tracks.



The Boulder Mountain Tour is a fun place to volunteer for Cooper, Peter, and Gusty.

## Frank Church Wilderness Stewardship Trip

YAK! will again join the U.S. Forest Service in the Frank Church Wilderness to help preserve one Idaho's incredible natural areas. Last year 25 miles of trails were cleared by BCTAC students on a four day/three night trip! This is a great experience. Space is limited, and dates will be announced soon.

**Summer 2011**  
**Frank Church Wilderness**



Students from BCTAC II and IDFY visit the BodyWorlds exhibit at the Museum of Idaho.

# Konnections Made



Joey, Anna, and Cassie help train dogs at the Animal Shelter.



Students cooking a community meal at Souper Supper.

# Goodbye, Kelly!

After three years as the YAK! Coordinator, Kelly Nicholson has decided to move back to Missouri to be closer to her family. Kelly created positive relationships with many area youth and organizations. Her skill in connecting with people and finding ways to get young people involved in community events was a great asset to our community, and we will miss her. We wish Kelly luck as she pursues her next opportunity.

# Thank You

YAK! would like to thank Tod Gunter, WRMS Social Worker, for his outstanding support and assistance with the BCTAC II program. Tod has helped us to reach over 75 students at WRMS this year, and he continues to show a strong commitment to the healthy development of all youth in the Wood River valley. Thank you, Tod!

# Ongoing Projects

## Blaine County Teen Advisory Council (BCTAC)

BCTAC is the high school group of St. Luke's YAK!. It is a fun, hardworking youth action council committed to improving the community by involving young people in community service, creating programs and services to address youth needs, and building Developmental Assets. BCTAC will meet bi-weekly during the summer.

**Tuesdays, 7:00 - 8:00 PM, biweekly  
HUB, Community Campus, Hailey**

**For more information, or to join  
BCTAC, call Dan at 727-8735.**

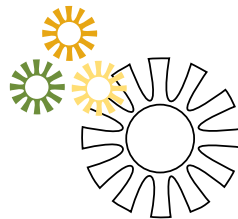
## Blaine County Teen Advisory Council II (BCTAC II)

BCTAC II is the middle school group of St. Luke's YAK! that works to increase young people's involvement in the community. BCTAC II helps build Developmental Assets in youth through community service projects, recreational opportunities, and education. BCTACII offers numerous activities for youth during the summer, and we will meet bi-weekly at the HUB.

**Mondays, 3:30 - 5:15 PM until June 6  
Wood River Middle School Library**

**Every other week during the summer  
HUB, Community Campus, Hailey**

**For more information, or to join  
BCTAC II, call Dan at 727-8735.**



## Y2Y Thursdays!

Each Thursday, middle and high school students can join us at the YMCA for an hour of fun and free activities. We will be doing different activities each week, including swimming, climbing, yoga, and more. The Mountain Rides bus arrives at the YMCA at 6:45pm and departs at 7:45pm, and students can ride for free during the school year.

## YAK! Updates

Check out YAK! updates anytime at our website: [www.stlukesonline.org/YAK](http://www.stlukesonline.org/YAK).

## Spring/Summer Volunteer Opportunities

Opportunities exist for volunteering throughout the spring and summer. YAK! supports many community organizations, including Blaine County Recreation District, Sun Valley Adaptive Sports, The Hunger Coalition, The Advocates, Environmental Resource Center, Souper Supper, The Nature Conservancy/Silver Creek Preserve, Wood River YMCA, the Wood River Animal Shelter, and more. Contact us to get involved!



Sabrina, Aly, and Diana making delicious pizzas during a spring cooking class.

# OUTSIDE SUMMER FUN

BCTAC and BCTAC II will be doing many outside activities this spring and summer. Join us to have fun while helping the community!

- Invasive plant removal and trash pickup along the Big Wood River
- Hikes around the valley and walking dogs from the Animal Shelter
- Maintaining the Hope Garden for the Hunger Coalition
- Community service trips to Boise and other locations
- Recreational opportunities and trips



## Youth Adult Konnections

Blaine County Teen Advisory Council



Students who make a difference: the BCTAC group at Wood River High School.

Cover photo: BCTAC II and Idaho Drug Free Youth visit Idaho Falls during spring break.

# Contribute

Give the gift that keeps on giving. Donate to St. Luke's YAK! in someone else's name or your own!

## Contribute to St. Luke's YAK!

**Financial contributions:** Mail a tax-deductible contribution to support our youth programs and help St. Luke's YAK! reach its goals. Both monetary and in-kind contributions are always appreciated. Make checks payable to St. Luke's Wood River Foundation and mail to:

St. Luke's Wood River Foundation  
PO Box 7005  
Ketchum, ID 83340

**Volunteer:** We have volunteer opportunities for all ages, interests, and needs. We are indebted to our volunteers for their generous contribution to the community.

**Suggestions:** We are always looking for new community service and outreach opportunities. Send us your ideas.

*A project of St. Luke's Wood River Medical Center*

Youth Adult Konnections

